

MRN:  
 NHS No:  
 Surname:  
 First name(s):  
 DOB:                      Gender:  
 Address:

# Analgesia after laparoscopic cholecystectomy

## Patient's record of administration

For the first 48 hours after your procedure we recommend that you take your painkillers regularly. For most people this will be Paracetamol 4 times per day and Ibuprofen (unless sensitive to non-steroidal medication) three times per day. Your anaesthetist and nurse will advise you. This chart will help you to record which tablets you have taken and keep on top of your pain relief.

### Paracetamol 500mg tablet

2 tablets to be taken every 4 - 6 hours (maximum 8 tablets (4g) in 24 hours)

DAY OF SURGERY		Day 2		Day 3	
Time	Number of tablets (1 or 2)	Time	Number of tablets (1 or 2)	Time	Number of tablets (1 or 2)

### Ibuprofen

**Check which strength of tablet you have bought:** most commonly this comes as 200mg tablets, but can come as 400mg tablets.

**200mg tablet:** 2 tablets to be taken every 6 - 8 hours (maximum 6 tablets in 24 hours)

**400mg tablet:** 1 tablet to be taken every 6 - 8 hours (maximum 3 tablets in 24 hours)

DAY OF SURGERY		Day 2		Day 3	
Time	Dose taken	Time	Dose taken	Time	Dose taken